

# Benenden Teens: English Plus+ (Ages 13-16)

Sample Programme 2026 (subject to change)

English Skills + English Workshops + End of Week Presentations: 20 hours' tuition per week

1, 2, 3 or 4 week programme | Levels A2-C1

Trinity Exam in Spoken English £130 (optional) offered | 23 July and 6 August



Week 1	Friday 10 July	Saturday 11 July	Sunday 12 July	Monday 13 July	Tuesday 14 July	Wednesday 15 July	Thursday 16 July
08:00-09:00	Breakfast + Morning Meeting						
09:10-10:10	Welcome and campus orientation	English Skills	Excursion Preparation	English Skills	English Skills	Excursion Thorpe Park (theme park)	English Skills
10:25-11:25		English Skills	Excursion Hever Castle + shopping at Bluewater	English Skills	English Skills		English Skills
11:45-12:45		English Workshops		English Workshops	English Workshops		English Workshops
12:45-14:00		Lunch		Lunch			Lunch
14:00-15:00	Level Testing	English Workshops		English Workshops	Excursion Preparation		End-of-week presentations
15:30-18:15	Multi-Activities	Multi-Activities		Multi-Activities/ SSO: Tennis, Horse-riding	Multi-Activities/ SSO: Tennis, Horse-riding		Multi-Activities
18:15-19:30	Dinner + free time in houses						
19:30-21:15 <i>(examples)</i>							
21:15-22:00	House Meeting and bedtime						

<b>English Skills</b>	Topic-based classes develop core skills in grammar, reading, writing, listening and speaking. Lessons are designed to challenge, inspire and help you communicate confidently
<b>English Workshops</b>	e.g. Artificial Intelligence, Film Making, Business, Debate/Presentation Skills, Green Thinking, Drama
<b>Multi-Activities</b>	e.g. Art & Design, Badminton, Basketball, British Sports, Dance, Dodgeball, Fitness, Football, Orienteering, Swimming, Tag Rugby, Tennis, Volleyball, Yoga, Zumba and more!
<b>Special Sports Options</b>	Optional. Choose 1 option, 2 sessions per week: Tennis £100   Horse-riding £150

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Week 2	Friday 17 July	Saturday 18 July	Sunday 19 July	Monday 20 July	Tuesday 21 July	Wednesday 22 July	Thursday 23 July
08:00-09:00	Breakfast + Morning Meeting						
09:10-10:10	Arrivals, or <b>English Skills Carousel</b> <i>e.g. hot seat debates, podcasters, careers fair</i>	English Skills	Excursion Preparation	English Skills	English Skills	Excursion London  River Cruise + shopping in Covent Garden	English Skills
10:25-11:25		English Skills/ Trinity Exam Prep	Excursion Canterbury Cathedral + shopping	English Skills/ Trinity Exam Prep	English Skills/ Trinity Exam Prep		English Skills/ Trinity Exam Prep
11:45-12:45		English Workshops		English Workshops	English Workshops		English Workshops
12:45-14:00		Lunch		Lunch			Lunch
14:00-15:00	Team Building Games	English Workshops		English Workshops	Excursion Preparation	End-of-week presentations	
15:30-18:15	Multi-Activities	Multi-Activities		Multi-Activities/ SSO: Tennis, Horse-riding	Multi-Activities/ SSO: Tennis, Horse-riding	Multi-Activities	
18:15-19:30	Dinner + free time in houses						
19:30-21:15 <i>(examples)</i>							
	Quiz Night	Pool Party	Capture the Flag	BBQ + Garden Games	Ceilidh	House Night	Awards + Disco
21:15-22:00	House Meeting and bedtime						

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<b>Multi-Activities</b>	e.g. Art & Design, Badminton, Basketball, British Sports, Dance, Dodgeball, Fitness, Football, Orienteering, Swimming, Tag Rugby, Tennis, Volleyball, Yoga, Zumba and more!
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Week 3	Friday 24 July	Saturday 25 July	Sunday 26 July	Monday 27 July	Tuesday 28 July	Wednesday 29 July	Thursday 30 July
08:00-09:00	Breakfast + Morning Meeting						
09:10-10:10	Arrivals, or <b>English Skills Carousel</b> <i>e.g. British culture quiz, traditional Tea Party, postcard writing</i>	English Skills	Excursion Preparation	English Skills	English Skills	Excursion Thorpe Park (theme park)	English Skills
10:25-11:25		English Skills	Excursion Rochester Castle + shopping at Bluewater	English Skills	English Skills		English Skills
11:45-12:45		English Workshops		English Workshops	English Workshops		English Workshops
12:45-14:00	Lunch			Lunch			Lunch
14:00-15:00	Team Building Games	English Workshops		English Workshops	Excursion Preparation		End-of-week presentations
15:30-18:15	Multi-Activities	Multi-Activities		Multi-Activities/ SSO: Horse-riding	Multi-Activities/ SSO: Horse-riding		Multi-Activities
18:15-19:30	Dinner + free time in houses						
19:30-21:15 (examples)							
21:15-22:00	House Meeting and bedtime						

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<b>English Workshops</b>	e.g. Artificial Intelligence, Film Making, Business, Debate/Presentation Skills, Green Thinking, Drama
<b>Multi-Activities</b>	e.g. Art & Design, Badminton, Basketball, British Sports, Dance, Dodgeball, Fitness, Football, Orienteering, Swimming, Tag Rugby, Tennis, Volleyball, Yoga, Zumba and more!
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Week 4	Friday 31 July	Saturday 1 August	Sunday 2 August	Monday 3 August	Tuesday 4 August	Wednesday 5 August	Thursday 6 August
08:00-09:00	Breakfast + Morning Meeting						
09:10-10:10	Arrivals, or <b>English Skills Carousel</b> <i>e.g. hot seat debates, podcasters, careers fair</i>	English Skills	Excursion Preparation	English Skills	English Skills	Excursion London Tower of London + shopping in Bluewater	English Skills
10:25-11:25		English Skills/ Trinity Exam Prep	Excursion Leeds Castle + shopping in Canterbury	English Skills/ Trinity Exam Prep	English Skills/ Trinity Exam Prep		English Skills/ Trinity Exam Prep
11:45-12:45		English Workshops		English Workshops	English Workshops		
12:45-14:00		Lunch		Lunch			Lunch
14:00-15:00	Team Building Games	English Workshops		English Workshops	Excursion Preparation	End-of-week presentations	
15:30-18:15	Multi-Activities	Multi-Activities		Multi-Activities/ SSO: Tennis, Horse-riding	Multi-Activities/ SSO: Tennis, Horse-riding	Multi-Activities	
18:15-19:30	Dinner + free time in houses						
19:30-21:15 <i>(examples)</i>							
21:15-22:00	House Meeting and <b>bedtime</b>						

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<b>Special Sports Options</b>	Optional. Choose 1 option, 2 sessions per week: Tennis £100   Horse-riding £150