



**Uppingham : Discovery Plus (Ages 11- 16)**  
**Sample Programme 2016** (subject to change)  
 25 hours' tuition per week (32 lessons– average 45 minutes)  
 Levels B2– C2. Upper Intermediate level and above



Week two	July						
	Fri 15th	Sat 16th	Sun 17th	Mon 18th	Tues 19th	Wed 20th	Thurs 21st
08:00 - 09:00	Breakfast with English Student Hosts		Late Breakfast, Morning Meeting and Excursion Preparation	Breakfast - with English Student Hosts			
09:00 - 09:15	Morning Meeting			Morning meeting			Morning meeting
09:15 –10:45	Class	<b>Testing and Introduction to Discovery Plus programme</b>	<b>Excursion to Rutland Water</b> (kayaking / canoeing)  or  Rock Climbing	<b>STUDY VISIT</b>  <b>Rutland Water Educational Centre</b>	Class	<b>Excursion to London</b>  Westminster bus and shopping in Oxford Circus  <b>West End Musical: (Matinee): Lion King</b>	Class
10:45 –11:05	Break				Break		Break
11:05-12:35	Class	Class		Class	Class		
12:35 - 13:45	Lunch with English Student Hosts			Lunch with English Student Hosts			Lunch
14:00-15:15	Art/Drama/Music class	<b>Multi-Activity</b>		Class	Art/Drama/Music class		<b>Pathways into the UK Educational System</b>
15:45 -17:00	<b>Multi-Activity</b>	<b>Special Sports options and CLUBS</b>		Interactive Debates and Talks	<b>Special Sports options and CLUBS</b>		<b>Learner Review/ Folder Prize</b>
17:00- 18:15	<b>Arrivals, campus orientation</b>			Multi-Activity	Chill out		
18:15 - 19:15	Dinner - with English Student Hosts						
19:30 - 21:30	The Apprentice (Teambuilding)	Art Attack (Team Challenge)	House & Film Night (Relaxed)	Get Your Own Back (Team Challenge)	50 : 50 (Team Challenge)	House & Film Night (Relaxed)	Disco
21:30 - 22:30	Back to Houses and Bedtime (varies according to age)						

<b>Discovery PLUS classes</b>	Vary every day	Classes in Maths, Science, Humanities and English help students build on existing knowledge while exploring challenging topic areas e.g. Space, Eco-Systems, Elizabethan Times, Crime and Punishment, plus classes in Art, Drama and Music.
<b>Multi-Activities</b>	Vary every day	e.g. Badminton, Basketball, Dance, Paralympic Football, Tennis, Swimming, Yoga, Cooking, Lacrosse and more!
<b>Clubs</b>	One choice / week	e.g. Ball Sports, Racquet Sports, British Sports, Photography, Art Installations and more!
<b>Special Sports Options</b>	Group coaching	<b>Options at extra cost: Horse-riding (£160 per week), Tennis (£90 per week), Watersports (£160 per week).</b>