



## Uppingham : Pre-Boarding (12—16 years)

Sample Programme 2012 (subject to change)

33 lessons (of average 45 mins) 25 hours' tuition per week

Upper Intermediate Level and above



Week 2	July								
	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday		
08:00 - 09:00	Breakfast		Late Breakfast + Morning Meeting	Breakfast - with English Student Hosts					
09:00 - 09:15	Morning meeting			Morning meeting		Excursion to London London Eye + Westminster walking tour + shopping (Westfield)	Project Workshop (to 15.15) Chill out		
09:15 - 10:45	Study Skills	Maths	Study Skills	Maths	Humanities				
10:45 - 11:05	Break		Break						
11:05 - 12:35	English	Science	Maths and Humanities (2.5 hours)	Science	Science			Project Workshop	
13:00 - 13:45	Lunch - with English Student Hosts								
14:00-15:30	Humanities	Study Visit to Rutland Falconry and Owl Centre	Special Sports Options or Multi-Activity / Clubs	Maths	Special Sports Options or Multi-Activity / Clubs			Lunch	Project Workshop (to 15.15) Chill out
16:00 -17:00	Science			Humanities					
17:00 - 18:30	Chill out			Chill out					
18:30 - 19:00	Dinner - with English Student Hosts								
19:30 - 21:30	Mini Olympics (Teambuilding)	Blind Date (Entertainment)	Murder Mystery (Teambuilding)	Gladiators (Team Games)	Uppingham's Got Talent! (Student Performance)	Film Night & Chill Out	Disco		
21:30 - 22:00	Bedtime (varies according to age)								

Project / Study Visit	One per week	Power/Rockingham Castle, Adaptation/Falconry Centre, Space/Space Centre, Elizabethan Era/Burghley House or Shakespeare Play
Multi-Activity	Choices each day	Badminton, Basketball, Dance, Football, Tennis, Rugby, Swimming, Netball, Volleyball, Arts & Crafts and more!
Clubs	1 choice per week	Creative Arts, Performance, Ball Sports, Racquet & Bat Sports, British Sports
Special Sports Options	2 sessions per week	Options at extra cost: Horse-riding (£120 per week), Tennis (£85 per week), Watersports (£140 per week).